

ST. ALOYSIUS SCHOOL GAUR S.A.I.T CAMPUS











CLASS - 1

knowledge is power

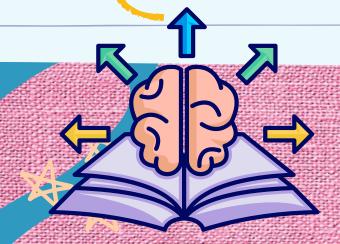


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Unit: 1

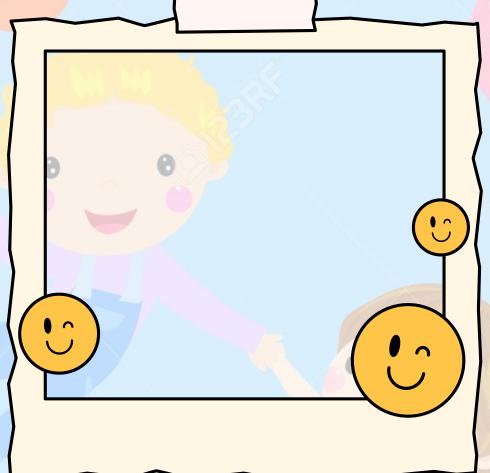
Me & My Surrounding



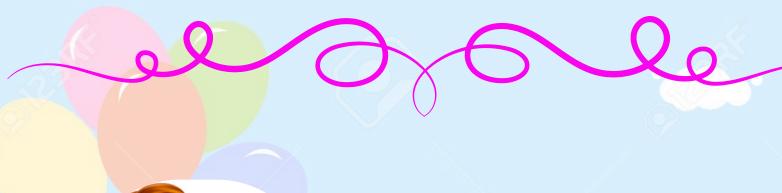
Chapter: I Myself



Hello! This is me



My name is



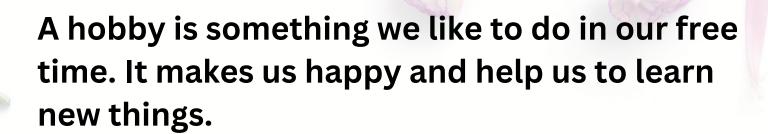


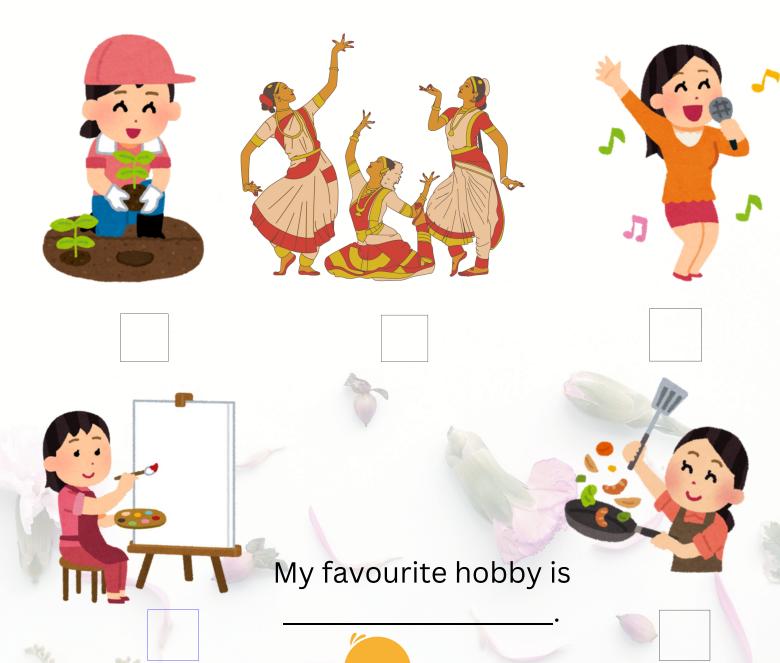
I live in _

Fill in the blanks:

I am a
I am years old.
I read in Class
My birthday is on
My favourite food is
I reside in
My parents phone number is:

Chapter: 2 MY HOBBY









Classroom







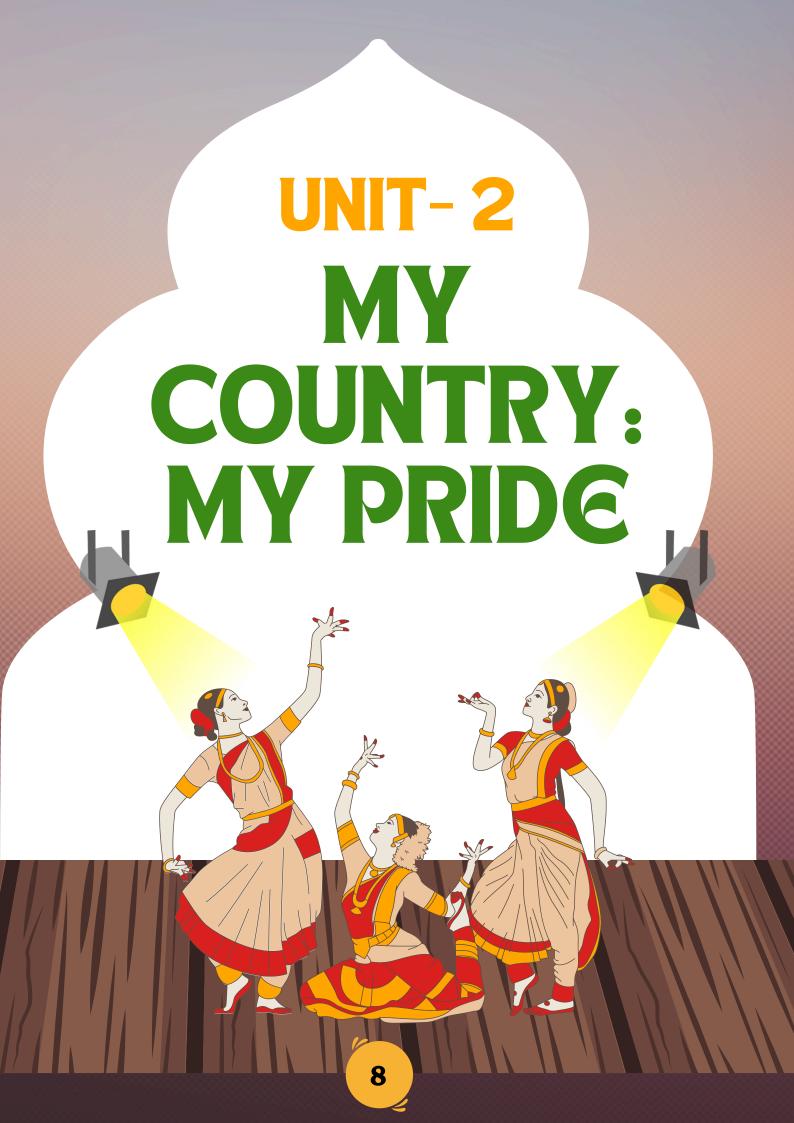




Playground









CHAPTER -4 NATIONAL FLAG

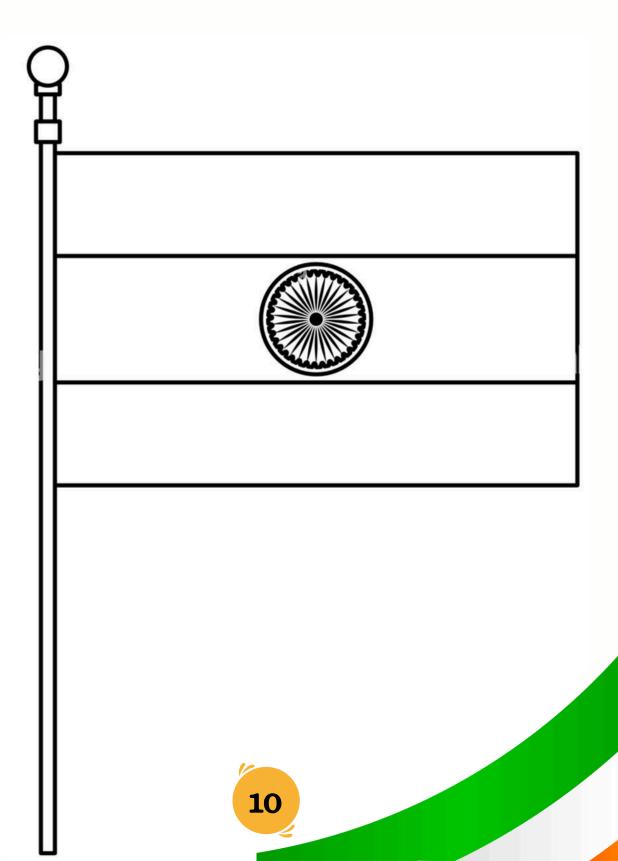
Our National Flag is a symbol of our country. We must respect our National Flag. Our National Flag is called *Tricolour* or *Tiranga*.



The Indian national flag consists of three horizontal bands:

- 1. Saffron (Top Band): Represents courage, sacrifice, and the spirit of selflessness.
- 2. White (Middle Band): Symbolizes peace, truth, and purity, with the Ashoka Chakra in navy blue representing progress and righteousness.
- 3. Green (Bottom Band): Stands for prosperity, growth, and the fertility of the land.

Colour the National Flag:



CHAPTER - 5 SYMBOLS OF PRIDE

The national symbols of a country expresses the values and history of the country.
Our country 'India' has some national symbols. We should respect them.

1.National Animal



2. National Emblem



3.National Flower





CHAPTER-6

GREAT LEADERS

Great leaders of India have played a key role in shaping the country's history and independence. Some of the most famous leaders include:



1. Mahatma Gandhi

Also Known as the ______.



2. Jawaharlal Nehru

The first ______of India.



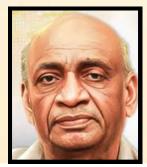
Subhash Chandra Bose

A _____leader who fought for India's freedom.



4. Dr. B.R. Ambedkar

The chief _____ of the Indian Constitution.



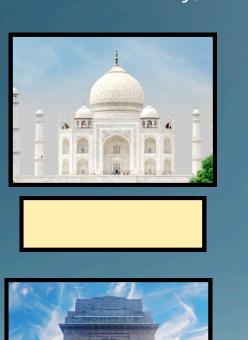
5. Sardar Vallabhai Patel

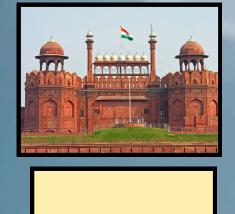
Also Known as the______.

CHAPTER-7

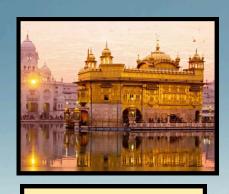
MAGICALMONUMENTS

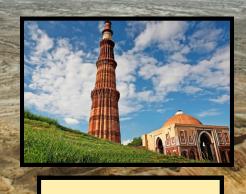
India is home to many magical and majestic monuments that reflect its rich history, culture, and architectural brilliance.













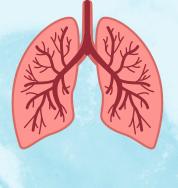
HELPBOX

Red Fort, India Gate, Golden Temple, Taj Mahal, Lotus Temple, Qutub Minar

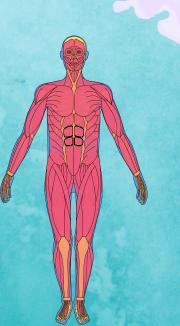
14







UMIT: 3 OUR BODY



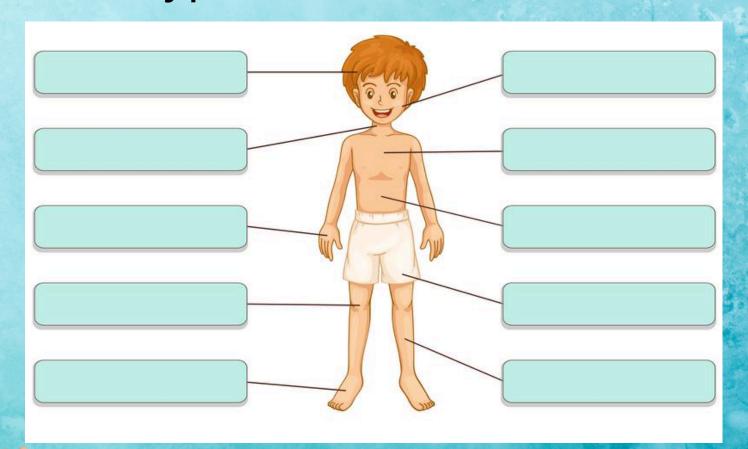


Chapten:8 Parts of the body



The human body is made up of different parts, each with unique function that help us to live, move and interact with with the world.

Fill up the blanks by identifying the correct names of the body parts:



Our fingers don't have muscles

CHAPTER 9 THE FIVE SENSES

Sense organs are the parts of the body that help us sense our environment. They detect changes in the environment, like light, sound, taste, smell, and touch.

to do

Match the sense organs with their functions:



Taste



Feel



See



Listen



Smell

CHAPTER-10 TEACHING BODY SAFETY

GOOD TOUCH

"Good Touch" means a touch that makes you feel safe, happy, and comfortable.

BAD TOUCH

"Bad Touch" means any touch that makes them feel uncomfortable, scared, or confused. It includes touching private parts or any touch that feels wrong.



Hugs from parents.



Slapping.



Kisses from your grand parents.



Someone bullying you.



Doctor touching to examine your body.



Touching your private parts.

CHAPTER - 11

TAKING CARE OF OUR BODY

Our body is a wonderful gift! It helps us walk, run, play, and do so many things every day. To stay strong and healthy, we must take good care of it.

We can do this by-



Take bath everyday



Brush your teeth twice a day



Eat healthy food



Wash your hands



Cut your nails regularly



Exercise regularly

Tick the pictures that show ways to take care of one's body.



Only eating junk food.



Eating a balanced meal.



Brushing your teeth after meals.



Eating too much candy.



Playing in the dirt.



Taking a bath regularly.



Going to sleep early.



Staying up late.



Being inactive.



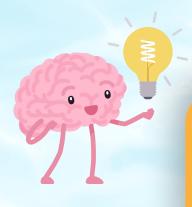
Being active.



Chapter: 12 <u>Living Beings On Land And</u> Nater

Living beings are found in various habitats, including land and water. Land animals live on land, like lions, elephants, dogs etc.

Water animals live in water, like fish, whales, dolphins etc. Some animals, like frogs and turtles, can live in both land and water.



Elephant has the biggest brain among all land animals.

A starfish has eyes at the tip of its arms but it has no head!



The animal without a brain is a starfish.



Write WATER if the animal lives in water and LAND if the animal lives in land:-

1.	2.	a a a a a a a a a a a a a a a a a a a
3.	4.	
	5.	



- Let's Learn About Animal Mummies and Their Babies!
- **★** Just like you have a mummy, baby animals also have mummies!



A dog's baby is called a puppy.



A cat's baby is called a kitten.



An elephant's baby is called a calf.



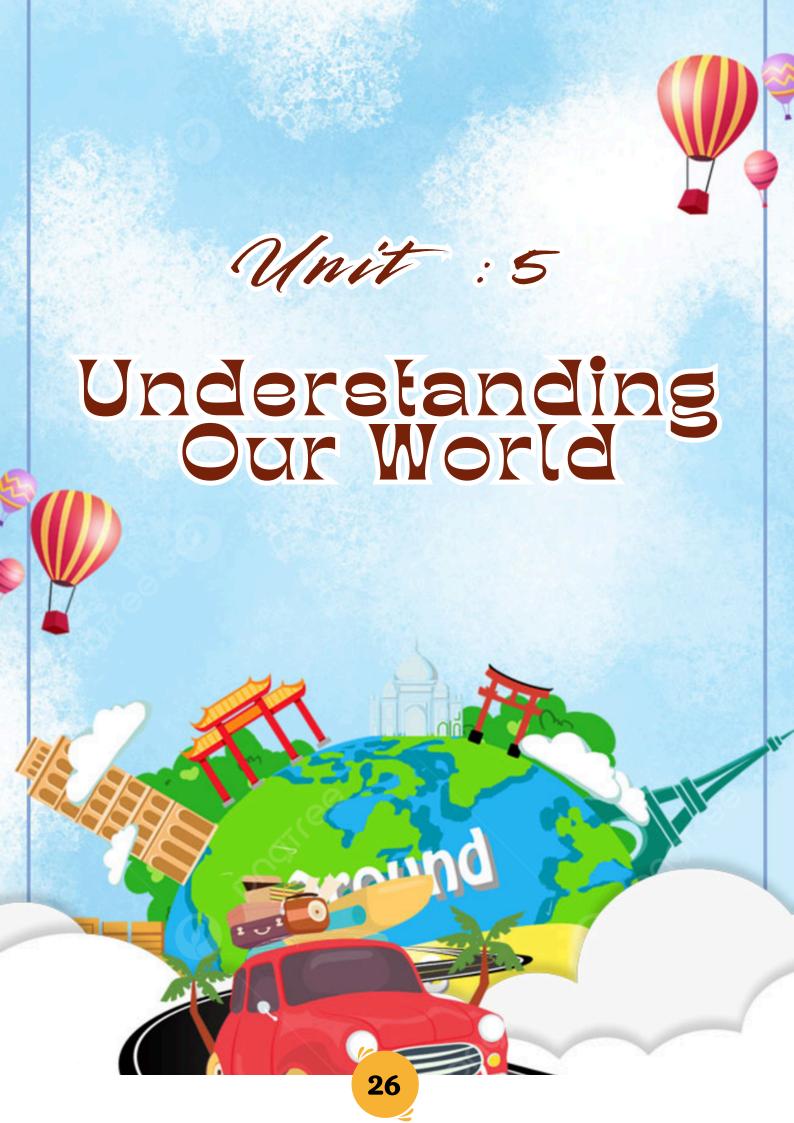
A cow's baby is also called a calf.



Colour the following baby Animals







CHAPTER-14



LANDFORMS

A landform is a naturally-formed feature on the surface of the Earth.

 Look at the picture of some land forms and water bodies and match them with their correct name.



Plain

Mountain





Desert

Forest





Ocean

River





Island Waterfall



CHAPTER-15

COMMUNITY HELPER

Community helpers are people who help us in our daily lives. They make our community safe, clean, and happy.















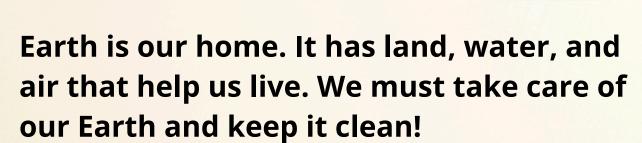
UNIT:6

OUR UNIVERSE





CHAPTER-16 THE EARTH





Earth is the		
planet from	the	Sun.

About 71% of Earth is covered with _____.

Earth's shape is round like a

Earth has air, water, and land, making _____possible.

The _____ is another name for

Earth because of its water.



CHAPTER-17 THE SUN



The Sun is a big, bright ball of fire. It gives us light and heat. The Sun helps the plants to grow and keeps us warm. Earth looks small because it is far away.

- The Sun is a _____
- The Sun is bigger than
- The Sun gives us ____and ____
- It is made of _____ gases.
- The Earth moves around the _____

heat, light, Earth, sun, star, hot



The Moon is a big, round rock that moves around the Earth. It is much smaller than the Sun and does not have its own light. It looks bright at night because it reflects the light from the Sun.

- The Moon changes its shape.
- The Moon has no air or water
- The Moon is Earth's only natural satellite
- The Moon shines at night, but it does not have its own light

PHASES OF MOON







CHAPTER-19 STARS



Stars are big, bright balls of hot gases that shine in the night sky. The Sun is also a star, but it looks bigger because it is the closest one to Earth.

Fill in the Blanks

- The _____ is the biggest star we see in the daytime. (Sun/Moon)
- Stars twinkle in the _____. (day /night sky)
- There are ____ of stars in space. (ten/millions)

Draw & Colour

• Draw a big yellow Sun and small white stars in the sky.

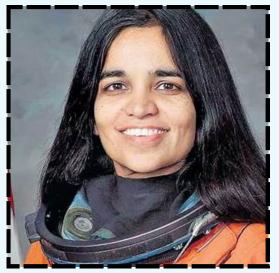


CHAPTER-20 FAMOUS ASTRONAUTS

Astronauts are people who travel to space in rockets and space shuttles. They wear special suits and helmets to stay safe in space



Neil Armstrong was the first person to walk on the Moon in 1969.



Kalpana Chawla was the first woman of Indian origin to fly to space.





Rakesh Sharma is a former Indian Air Force pilot and the first Indian citizen to travel to space

Fill in the Blanks-

- Astronauts travel to _____.
- _____ was the first person to walk on the Moon.
- ____ was the first Indian astronaut in space.



HELPBOX Neil Armstrong, space, Rakesh Sharma,



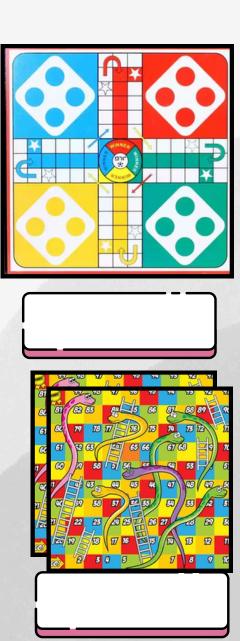
CHAPTER-21 INDOOR GAMES



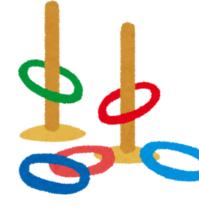
Indoor games are activities that are played inside the homes, and it includes board games, card games, and other games.

Identify the following indoor games and name then





CHAPTER -22 OUTDOOR GAMES

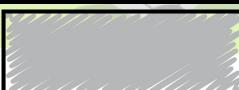


Outdoor games are physical activities that take place outside in open spaces. They can be played in a variety of environments, including parks, fields, and playgrounds.



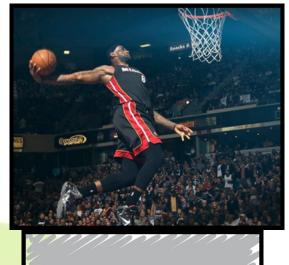
























Write three lines about your favourite outdoor game:







CHAPTER: 23

USEFUL GADGETS

Q1. WHAT ARE GADGETS?

Gadgets are small machines that help us in our daily life. They make work easier, faster, and more fun!

SOME USEFUL GADGETS WE USE



Lets us watch cartoons and news.



Smartwatch

Shows time and

keeps us fit.



Mobile Phone

Helps us talk to people and send messages.



Headphones

Helps us listen to music

quietly.



Plays music and news.







CHAPTER-24 MUSICAL INSTRUMENTS

• Observe and write the names of musical instruments.

